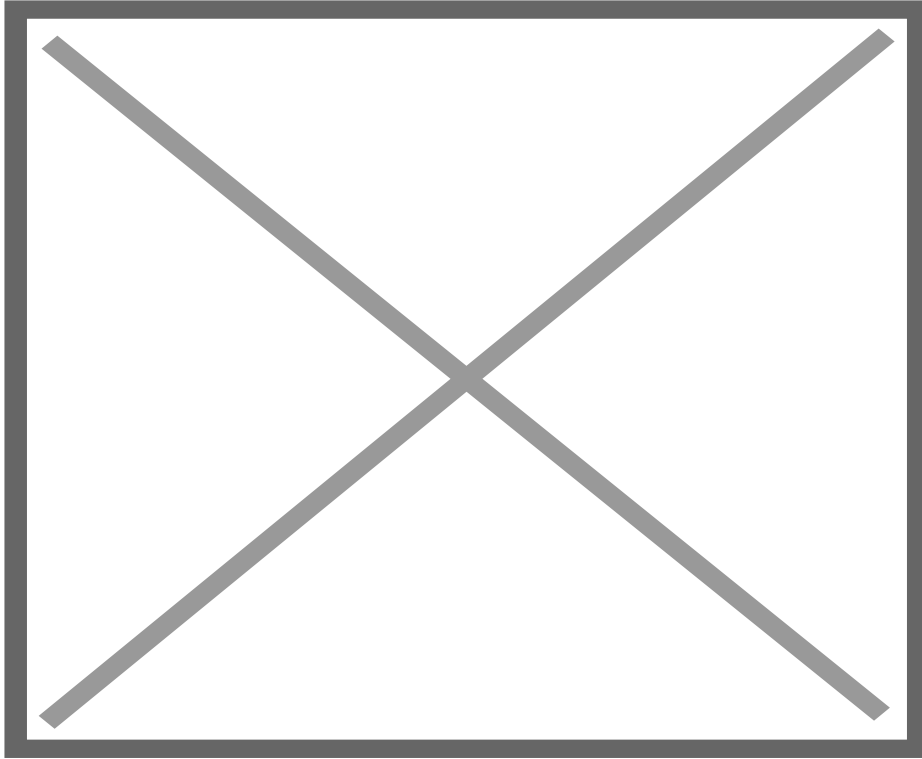


Episode 15: Queering the Enneagram with Abi Robins

by Cassidy Hall

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Abi Robins (they/them) is a trained Enneagram Teacher who studied with Helen Palmer, Marion Gilbert, Peter O'Hanrahan and others through The Narrative Enneagram in Menlo Park, CA. Robins is also a CIAYT Yoga Therapist with the International Association of Yoga Therapists and studied at Yoga Yoga in Austin, TX. Abi's teaching combines the deep and transformative insight of the Enneagram with the holistic and down to earth practices of Yoga Therapy. Robins seeks to share these two powerful systems to help people better understand themselves and those around them and live more fulfilling and meaningful lives. Abi is the author of *The Conscious Enneagram: How to Move from Typology to Transformation*. You can learn more about Abi and their work at www.consciousenneagram.com.

The Rev. Dr. Cassidy Hall (she/her/hers), MA, MDiv, MTS, DMin is an author, award-winning filmmaker, podcaster, ordained minister in the United Church of Christ, and leading voice in contemplative spirituality. She is the cohost of the [Encountering Silence](#) podcast, and the creator of the [Contemplating Now](#) and [Queering Contemplation](#) podcasts. Her films include [In Pursuit of Silence](#) and [Day of a Stranger](#). Her book, [Queering Contemplation: Finding Queerness in the Roots and Future of Contemplative Spirituality](#) was released in May 2024. Cassidy is widely published and currently resides in Indianapolis. You can learn more about her at cassidyhall.com.

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