Washing my daughter's hair

by Julie L. Moore in the November 3, 2021 issue

Let everything happen to you: beauty and terror. —Rainer Maria Rilke

In copious curls, her brown hair reaches the small of her back, a tangle she can barely brush

for she feels as though a thousand needles perforate her scalp and a vise tightens on her temples,

as the iron weight of this unknown affliction crushes her, month after unrelenting month.

It's the not-knowing, she says, that prowls through her days like a shadow

unhinged from her 27-year-old body, haunting every corner of the house, darkening her mind's acute angles.

Rendered helpless as a supplicant, she kneels before the bathtub, leaves her aching arms at her side, bends

beneath the faucet.

I soak her hair, lather citrus-scented shampoo throughout—

I must be gentle—
caressing her tresses,

then rinse and massage in conditioner.

I want to free beauty from terror,

so with wide-toothed comb, I work

my way up from the ends, unknotting
each strand from the other,
then rinse again, wishing all the while

to mix in a Pentecostal fire,
spirit more immediate than prayer,
to muster a miracle from water and fear.