## A process not to be hurried

by Bonnie Thurston in the July 1, 2020 issue

Long solitude is a gradual drawing inward, going deeper, like autumn bulbs snuggling into the soil, marinating in darkness.

When the isolation ends, do not hurry the process. First the shy, green shoot, then the tentative tip of a fragile stalk arises to carry a bud opening slowly, in its own time.