

Resources for contemplative practice

Cover Story in the [March 5, 2014](#) issue

Read the main article on [a congregation's contemplative practices](#).

Centering Prayer

A Taste of Silence: A Guide to the Fundamentals of Centering Prayer, by Carl Arico

Centering Prayer and Inner Awakening, by Cynthia Bourgeault

Centering Prayer: Renewing an Ancient Christian Prayer Form, by M. Basil Pennington

Intimacy with God: An Introduction to Centering Prayer, by Thomas Keating

Into the Silent Land, by Martin Laird

Journey to the Heart: Centering Prayer for Children, by Frank X. Jelenek

Open Mind, Open Heart, by Thomas Keating

The Path of Centering Prayer: Deepening Your Experience of God, by David Frenette

Lectio Divina

Opening to God: Lectio Divina and Life as Prayer, by David G. Benner

Lectio Divina: Renewing the Ancient Practice of Praying the Scriptures, by M. Basil Pennington

Discovering Lectio Divina: Bringing Scripture into Ordinary Life, by James C. Wilhoit and Evan B. Howard

The Jesus Prayer

Prayer in the Cave of the Heart: The Universal Call to Contemplation, by Cyprian Consiglio

Prayer of the Heart, by George Maloney

The Jesus Prayer: The Ancient Desert Prayer That Tunes the Heart to God, by Frederica Mathewes-Green

Contemplative Christianity

A Sunlit Absence: Silence, Awareness, and Contemplation, by Martin Laird

New Seeds of Contemplation, by Thomas Merton

The God Who Is Here: A Contemplative Guide to Transforming Your Relationship with God and the Church, by Peter Traben Haas

The Inner Experience: Notes on Contemplation, by Thomas Merton

The Heart of the World: An Introduction to Contemplative Christianity, by Thomas Keating

You Hold Us While We Grow, by Tim Cook

Spiritual Practices

The Practicing Congregation: Imagining a New Old Church, by Diana Butler Bass

Tools Matter for Practicing the Spiritual Life, by Mary Margaret Funk

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ContemplativeOutreach.org

ContemplativeChristians.com