

# Hunger

by [Maryanne Hannan](#) in the [July 14, 2009](#) issue

*Open thy mouth wide, and I will fill it.*

Psalm 81:10 (KJV)

Don't be afraid of your hunger.  
I gave it for your fullness,  
The cravings, the pinched gullet,  
the corrosive wants, all  
have come to serve you.  
Don't be afraid of the pabulum,  
the drivel in your diet, or the sharp  
cactus burrs when you swallow.  
Don't be afraid even if you don't  
know you are hungry.