

Beneath Within

reviewed by [Lil Copan](#) in the [September 5, 2012](#) issue



COURTESY HAND ARTES GALLERY

In her mixed-media paintings, Sheila Mahoney Keefe combines abstraction with sparse representation—a table, a flower, a door. By paring down details, she provides room for prayer and imagination to enter. Her paintings reflect spiritual postures—reception, transformation, openness, resurrection—and take us beyond ourselves. *Beneath Within* brings to mind the words of St. Patrick's Breastplate: "Christ *with* me, Christ *before* me, Christ *behind* me, Christ *beneath* me, Christ *above* me."

—Lil Copan