

Mother Cecilia and cloistered nuns release new album of sacred music: Mother Cecilia and cloistered nuns release new album of sacred music

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The Benedictines of Mary, Queen of Apostles, in Gower, Missouri, spend their days in silence—except when they are singing sacred music.

The success of the cloistered nuns' albums has paid for building their retreat centers and living quarters; they recently released a new album, *Adoration at Ephesus*.

Mother Cecilia, the prioress, said silence and prayer inspires their music.

"The voice of our Lord comes to us in whispers, so we have to be quiet so we can hear it," she said. —Religion News Service